



AL SHIFA COLLEGE OF PHARMACY

(Approved by AICTE, PCI, DME, UGC 2(F) & Affiliated to Kerala University of Health Sciences)

Kizhattur, Perinthalmanna. Pin: 679 325

CRITERIA 7 – INSTITUTIONAL VALUES AND BEST PRACTICES

7.2 BEST PRACTICE 2

PRESCRIPTION ADALATH: A NOVEL PATIENT-CENTERED HEALTHCARE INITIATIVE

YEAR	NAME OF THE PROGRAMME	DATE
2024	Prescription Adalath	11/12/24

Time: 10am – 3pm

The Prescription Adalath, a novel initiative was held on 11th December 2024 at Government Hospital, Perinthalmanna and was a resounding success. This event brought together doctors, clinical pharmacists, PharmD interns and other healthcare professionals, and the general public to commemorate contributions in ensuring the safety and efficacy of medicines.

Devi
20/12/24

[Signature]





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BEST PRACTICE 2

1. Title of the Practice

PREScription ADALATH: A NOVEL PATIENT-CENTERED HEALTHCARE INITIATIVE

2. Objectives of the Practice

The primary aim of Prescription Adalath was to promote safe and effective medication use through a structured alternative dispute resolution system. This initiative aimed to:

- a) Enhance patient understanding of their prescriptions, lifestyle modifications, and disease management.
- b) Ensure the safety and optimization of prescriptions through professional reviews by clinical pharmacists and PharmD Interns
- c) Create a platform for students to actively engage with the community, gaining hands-on experience in pharmaceutical care and building awareness about healthcare services.
- d) To sensitize and motivate the students to go beyond the college and serve their duties in social-related activities.
- e) To identify the role of the pharmacist in community-based activities.
- f) To develop the personality and quality of leadership of students through service-based activities.

3. The Context

This practice helps to merge the western clinical applications like medication chart review, history interview, and drug utilization evaluation there by expanding the clinical and community services to the rural areas.

Alshifa College of Pharmacy observed a strong interest among its student community to participate in activities that provide personal satisfaction and contribute meaningfully to

society. However, the lack of a formal platform often limited their involvement. To address this, the college introduced Prescription Adalath, an initiative designed to engage students and faculty with rural communities. The program emphasized educating the public on pharmaceutical care services, ensuring safe medication practices, and improving healthcare outcomes.

4. The Practice

Prescription Adalath, translated as “Patient’s Court,” was a unique program where individuals could bring their prescriptions for review and consultation. The initiative was coordinated by the 10th Batch PharmD students, under the guidance of the Department of Pharmacy Practice faculty. Key features of the program included:

a) Prescription Analysis:

- A total of 200 outpatient prescriptions from the Government Taluk Hospital, Perinthalmanna, were analyzed.
- Clinical pharmacists and doctors reviewed the prescriptions to ensure patient safety, identify potential drug interactions, and optimize medication regimens.

b) Patient Interaction:

- Direct consultations with patients to address concerns regarding medication use, lifestyle changes, and disease knowledge.
- Personalized healthcare advice and guidance to improve adherence and outcomes.

c) Community Engagement:

- The program served as a bridge between healthcare professionals and the public, raising awareness about the importance of pharmaceutical care services.
- Students gained practical exposure by working alongside faculty in real-world scenarios, fostering a sense of responsibility and professional growth.

5. Evidence of Success

- The program successfully analyzed 200 prescriptions, ensuring the safety and efficacy of the prescribed medications.

- Positive feedback from patients and the community highlighted the value of this initiative in improving healthcare awareness.
- Students reported increased satisfaction and confidence in applying their knowledge to real-world situations.
- Faculty observed a marked improvement in student understanding of pharmaceutical care and patient counseling techniques.

The introduction of Prescription Adalath is adding a new chapter to the health system of our country and succeeded in providing a supplementary forum to the victims of unsatisfactory settlement of patient health dispute and queries. This system merges the western clinical applications like medication chart review, history interview, detecting ADRs and drug utilization evaluation there by expanding the clinical and community services to the rural areas. By facilitating interaction between healthcare professionals and the public, this program contributed to improved healthcare awareness and patient outcomes.

6. Problems Encountered and Resources Required

- **Challenges:**
 - Limited time and resources to manage a large number of prescriptions within the stipulated duration.
 - Initial hesitation from patients to participate in the program due to unfamiliarity with the concept.
- **Resources Required:**
 - Dedicated space for conducting the program.
 - Collaboration with local hospitals and healthcare professionals to facilitate prescription reviews.
 - Continuous training and guidance for students to ensure the delivery of high-quality pharmaceutical care.

Conclusion: Prescription Adalath stands as a testament to Alshifa College of Pharmacy's commitment to community service and student development. By combining academic knowledge with practical application, the program has set a benchmark for patient-centered healthcare initiatives. This practice has not only enhanced healthcare outcomes in the region but also empowered students to become proactive contributors to society.